foHkkxk/;{k dk inuke& ftyk xUUkk vf/kdkjh
foHkkx dk irk& ljdyj jkM] xUuk fdlku lLFkku] et¶Qjuxj
njHkk'k& 0131&2622248
QDl& 0131&2622247
1&Tkulpuk vf/kdkjh dk uke& oh0d0"kDy
2&lgk;d tu lpuk vf/kdkjh dk uke& Jhefr lhek noh
3&vihyh; vf/kdkjh dk uke& Mk0 vkj0,y0mik/;k;
Ek[;ky; dk irk& ljdyj jkM] xUuk fdlku lLFkku] et¶Qjuxj
njHkk'k& 0131&2622248
QDl& 0131&2622247

tu lpuk ds vf/kdkj ds vUrxr 16 fcUnqvks ij lpuk

dz0 l0	fcUnq	fcUnqokj lpuk
1	viu lxBu dh fof"kf';k vkj dr0;	tuin e xUuk fodkl foHkkx 1933 l dk;jr g rFkk ftyk xUuk vf/kdkjh dk;ky; dh LFkkiuk o'k 1956 e gbA xUuk fodkl foHkkx jkT; ljdkj ,o Hkkjr ljdkj d }kjk Hkkjr ljdkj d }kjk tkjh fn"kk fun"kk d vulkj d'kdk d xUuk mRiknu dk c<ku ,o mUg mfpr ykHk fnyku gr ;ktuk, fd;kfUor dh tkrh g ftld vUrxr ftyk ;ktuk] edkekM ;ktuk] vkRek ;ktuk] lerkeyd ;ktuk lpkfyr g rFkk d'kdk dk mUur xUuk cht] dhVuk"kd] mojd ,o phuh feyk dk xUuk vkifr dh 0;oLFkk djkb tkrh gA ftyk Lrj ij ftyk xUuk vf/kdkjh i;o{k.kh; vf/kdkjh g bud v/khUkLFk xUuk fodkl ifj'kn ,o lgdkjh xUuk fodkl lfefr;k dk;dkjh bdkb;k g ftud iHkkjh de"kh T;'B xUuk fodkl fujh{kd] lfpo@fo"k'k lfpo dgykr g T;0 x0 fo0 fujh0] xUuk i;o{kdk] xUuk lfefr d LVkQ d ek/;e l ;ktukvk dk fd;kUo;u ,o xUuk vkifr rFkk xUuk eY; Hkxrku dh 0;oLFkk lfuf"pr djr gA
2	viu vf/kdkfj;k@depkfj;k dh "kfDr;k ,o nkf;Ro	lHkh lEcfU/kr vf/kdkjh@depkjh jkT; ljdkj d v/khu jgr g,] ljdkj }kjk le;≤ ij ykx viuh "kfDr;k ,o nkf;Rok dk fuogu djr gA
3	fofu"p; dju dh ifd;k e ikyu dh tku okyh ifd;k ftle i;o{k.k vkj mRrjnkf;Ro d ek/;e lfEefyr gA	tuin e ftyk xUuk vf/kdkjh] foHkkx dk dk;ky; v/;{k gkrk g rFkk phuh fey Lrj ij fLFkr xUuk lfefr;k dk iHkkjh fo"k'k lfpo@lfpo rFkk xUuk fodkl ifj'kn dk iHkkjh T;'B xUuk fodkl fujh{kd

		gkrk g bud v/khuLFk xUuk fodkl fujh{kd] xUuk i;o{kd] fyfid oxh; depkjh LFkkb ,o lhtuy depkjh ,o prFk J.kh LVkQ dk;jr g tk viu&viu vf/kdkj {k= d vUrxr lpkfyr dk;dek dk lpkyu@fujh{k.k @i;o{k.k ,o dr0;k dk fuogu djr gA
4	viu dr0;k d fuogu d fy, Lo; }kjk fu/kkfjr ekiekuA	“kklu }kjk le;≤ ij tkjh fn”kk&fun”kk d vulkj dk; dk lEiknu ,o i;o{k.k djr g, x.koRrk ,o ekudk dk ikyu lfuf”pr djk;k tkrk gA
5	viu fu;U=.kk/khu /kkfjr viu depkfj;k }kjk viu dR;k d fuogu d fy, i;kx fd; x; fu;e fofu;e] vun”k] funf”kdk vkj vfHky[kA	foHkkx }kjk “kklu Lrj ij ?kkf’kr fu;ekoyh ,o le;≤ ij fuxr “kklukn”kk d vulkj dk; djr g,] vfHky[kk dk j[k&j[kko fd;k tkrk gA
6	,l nLrkotk dh J.kh dk fooj.k tk mud }kjk /kkfjr fd; x; g vFkok mud fu;U=.k e gA	“kklu }kjk inRr vfHky[k i.k dj ljf{kr j[k tkr g rFkk voykdukijkUr fu;ekulkj dk;okgh vey e yk;h tkrh gA
7	fdlh 0;oLFkk dk fooj.k ftle mldh uhfr fuek.k vFkok mld dk;kUo;u d lEcU/k e ykd lnL;k d lkFk ijke”k ;k mud }kjk vH;konu d fy, fo|eku gA	“kklu }kjk fu/kkfjr uhfr;k d vUrxr tkjh fd; x; fun”kk d vu:i ftyk Lrj ij ftykf/kdkjh o e[; fodkl vf/kdkjh }kjk fy; x; uhfrxr fu.k;@vueknu mijkUr dk; lEikfnr djk; tkr gA ;Fkk vko”;d ykd lnL;k d lkFk Hkh ijke”k fd;k tkrk gA
8	ckM ifj’knk lfefr;k vkj vU; fudk;k d fooj.k ftle nk vFkok nk l vf/kd 0;fDr gk vkj ftldh LFkkiuk bld Hkkx d :i e fd;k vFkok bldh lykg d i;ktu d fy, dh xb gk vkj ;g fooj.k fd D;k bu ckMk ifj’knk lfefr;k rFkk vU; fudk;k dh cBd ykxk d fy, [kyh g vFkok ,lh cBd d dk;oRr ykxk lyHk gA	ftyk i”kklu dh cBd e] “kklu dh e”kk d vu:i leLr tu ifrfuf/k;k dh jk;@l>ko fy; tkr gA rnkulkj lxBu }kjk dk;dek dk lpkyu fd;k tkrk gA
9	viu vf/kdkfj;k ,o depkfj;k dh funf”kdkA	foHkkx }kjk jkT; ljdkj dh vkj l le;≤ ij fuxr fun”kk dk ikyu djr g,] ljdkj d fu;U=.kk/khu dk;okgh lfuf”pr dh tkrh gA
10	viu vf/kdkfj;k@depkfj;k }kjk iklr ekfld ikfjJfed] ftle mld fofu;ek e ;Fkk micfU/kr ifrdj dh i.kkyh d lfEefyr gkA	“kklu }kjk tkjh “kklukn”kk d }kjk n; ikfjJfed bR;kfn dk Hkxrku lEcfU/kr vf/kdkfj;k@depkfj;k dk fu;ekulkj fd;k tkrk gA

11	lHkh ;ktukvk] lkLrkfor 0;;k] vkj fd; x; lforj.kk ij fjikV dh fof"kf'V;k minf"kr djr g,] viu iR;d vfHkdj.k dk vkofVr ctVA	;g lxBu i.kr;k ljdkjh gA jkT; ljdkj }kjk vf/kdkfj;k@ depkfj;k d n;dk gr fu/kkfjr enk e ctV miyC/k djk;k tkrk g] ftldk lefpr mi;kx dj 0;; fooj.k iR;d ekg xUuk vk;Dr] m0i0 y[kuÅ dk if'kr fd;k tkrk gA bl lxBu }kjk fd;kfUor dh tk jgh ;ktukvk gr /kujkf"k Hkkjr ljdkj@jkT; ljdkj Lrj l gh vkofVr gkrh gA miyC/k djkb xb /kujkf"k dk fu;ekulkj miHkkx dj] mldk miHkkx iek.k i= xUuk vk;Dr] m0i0 ,o lEcfU/kr Lrjk dk if'kr fd;k tkrk gA
12	lgkf;dh dk;dek d fu'iknu dh jhfr ftle vkofVr jkf"k vkj ,l dk;dek d ykHkkfFk;k d C;kj lfEefyr gkA	ik/k"kkyk@in"ku /kkjd fdlkuk dk n; vunku lh/k ykHkkfFk;k d cd [kkrk e if'kr fd;k tkrk g dkb Hkh udn Hkxrku fdlh Hkh ykHkkFkh dk ugh fn;k tkrk gA
13	viu }kjk vunRr fj;k;rk vuKki=k ;k ikf/kdkjk d iklrdrkvk dh fof"kf'V;kA	fdlkuk dk xUu dh [krh d lEcU/k e uohure tkudkfj;k nu d fy, oKkfudk] vf/kdkfj;k d ek/;e l xUuk fdlku lLFkku e if"k{k.k] tuin e phuh fey ,o xke Lrjh; xkf'B;k dk vk;ktu rFkk mUufr"khy Qkek ,o {k=k dk Hke.k djk;k tkrk gA
14	fdlh byDVkfud :i e lpuk d lEcU/k e C;kj] tk mldk miyC/k gk ;k mld }kjk /kkfjr gkA	xUuk vkifr] xUuk Hkxrku lEcU/kh leLr dk; i.rh dEl;Vjkbt g tk lEcfU/kr xUuk lfefr dk;ky; l iklr fd; tk ldr g
15	lpuk vfHkiklr djku d fy, ukxfjdk dk miyC/k lfo/kkvk dh fof"kf'V;k] ftle fdlh iLrdky; ;k okpu d{k] ;fn ykd mi;kx d fy, vujf{kr g rk dk;dj.k ?kUV lfEefyr gA	foHkkx l lEcfU/kr dkb Hkh lpuk lkekU; ukxfjdk d fy, miyC/k g ftUg lpuk vf/kdkj vf/kfu;e d vUrxr vkonu dj iklr fd;k tk ldrk gA
16	tu lpuk vf/kdkfj;k d uke] inuke vkj vU; fof"kf'V;kA	lpuk vf/kdkj vf/kfu;e d vUrxr ftyk xUuk vf/kdkjh tu lpuk vf/kdkjh ukfer g rFkk lEcfU/kr xUuk fodkl ifj'kn d T;'B xUuk fodkl fujh{kd ,o xUUkk lfefr d lfpo viu&viu dk;{k=k e lgk;d tu lpuk vf/kdkjh ukfer g ftyk xUuk vf/kdkjh dk;ky; dk njHkk'k u0 0131&2622248 o QDl u0 0131&2622248 gA

ftyk xUuk vf/kdkjh@
tu lpuk vf/kdkjh]
et¶QjuxjA